

## **TEACH Academy of Technologies (TAT)**

### **PHYSICAL EDUCATION GOALS AND PROCEDURES**

#### **DEAR PARENT/GUARDIAN,**

Participation in physical education class is very important, as a fit and healthy body is as essential in today's world. We have a positive physical education program at LVMS and offer a wide variety of activities. In order for your child to have a successful school year, it is important that he/she consistently attends school and puts forth a good effort each day. Please review the following information with your child. If you have any questions or comments, please call 805-225-7235 and ask to speak with your child's PE teacher.

#### **GOALS AND OBJECTIVES**

- 1) To enjoy physical activity regardless of skill level.
- 2) To learn about and appreciate the benefits of life-long health and fitness.
- 3) To develop cardiovascular and muscular proficiency.
- 4) To learn the basic skills and rules of various sports and activities.
- 5) To practice respectful behavior in the learning environment.

#### **DRESS POLICY AND ACCESSORIES**

The school uniform shirt may be picked up, with the school voucher, free of charge. Additional uniform shirts may be purchased as well.

- Every student is required to wear the School Uniform everyday
- All school related clubs, ASB, athletics, gear that is worn during the school year must be from the school year. No gear from last year.
- Hoods on sweatshirts may not be worn on campus.

##### ***Bottoms***

- Boys and Girls grades 5-8 black uniform pants
- Absolutely no "sagging". Every student will wear their pants in a business casual manner. The definition of sagging is not determined by the student. The definition of sagging is determined by the administration. All students will wear their pants in the manner described by TEACH administration.
- Uniform pants for all grade levels and all genders must be LOOSE FITTING. Yoga pants or any other type of form fitting pants are never to be worn.
- Belts must be worn at all times by all students. The belt must be "Business Casual". No Bling!

##### ***Tops***

- Girls and Boys grades 5-8 must appropriate grade level polo shirts with the school logo.
- All clothing must be clean and all uniform shirts will be tucked in for the entire

instructional day.

### **Shoes**

- ALL GRADE LEVELS must wear CLOSED-TOE, RUBBER-SOLED, SOLID COLORED SNEAKERS that are white, brown, black or gray. Absolutely no other colors are allowed. Any accent colors on the shoes must also be white

### **Accessories**

- Any attire that may be a distraction will be confiscated. Distracting attire includes but is not limited to accessories such as extra clothing pieces, and excessive and/or large pieces of jewelry. Only female students may wear earrings but no larger than a quarter.
- All neckwear / jewelry must be tucked into the student's uniform shirt. However, we urge parents to consider keeping all jewelry at home for student safety.
- All head coverings are unacceptable at TEACH, including head/hair accessories, hats, bandanas, and beanies, etc.

## **EXCUSES FROM PARTICIPATION.....DOCTOR'S NOTES**

Students are required to dress out and participate in PE each day they are in school. Students with health issues will be excused from only those activities which would aggravate these problems. A DOCTOR'S NOTE defining a student's exact limitations should be submitted to the PE teacher and the school office. A parent note will excuse the student for up to three days and then a doctor's note is required if the student is still unable to participate in activities. Emergency health problems (head-ache, twisted ankle, etc.) will be assessed on an individual basis.

**Absences. When a student is absent, she will receive zero (0) participation points for that day. Students may earn-back participation points for extended absences due to illness.** Students are responsible for all tests and material covered during an absence. Make-up work is due within 5 days of the student's return.

## **Grading System**

The grading scale is based on the degree to which students demonstrate proficiency on content area standards. The academic grade scale is composed of 4, 3, 2 or 1.

- Evidence of student learning can be captured using classroom work (formative) and benchmark tests (summative).
- Students are graded on mastery of the required California Standards. The comprehensive report cards at the end of each academic semester is information to parents about the student's performance in the core curriculum subjects and related elective courses.
- These reports should be examined by the parent/guardian. Non-custodial parents may request a copy of student reports by contacting the office in writing.

## Grading Levels

- **Advanced Mastery:** Outstanding level of performance (4) - Indicates that the pupil has done excellent work and has mastered the course objectives, consistently does excellent work with skill and thoroughness; and consistently has applied knowledge gained to new situations.
- **Proficient Mastery:** High level of performance (3) - Indicates that the pupil has done above average work, mastered all of the course objectives; and has applied knowledge gained to new situations.
- **Approaching Proficient Mastery:** Satisfactory level performance (2) - Indicates that the pupil has done average work and has mastered many of the objectives of the course.
- **At Risk:** Needs improvement in performance (1) - Indicates that the pupil has done below average work and has mastered few of the objectives of the course OR the pupil's work fell below a level of acceptance for the course and was unsatisfactory.
- The final student grade is based on summative assessments (i.e. unit exams, standards-based projects, midterm exams, final exams, presentations, etc.).

All students are allowed to redo any non-passing standards/assessments. At TEACH we strive to make sure that all of our students are successful.

## GENERAL PHYSICAL EDUCATION RULES

### **DO NOT**

- chew gum
- bring food or drink (plastic water bottles are allowed)
- touch any of the PE equipment unless directed to do so by the teacher
- hang on basketball rims or sit-on benches
- bring electronic devices (cell phones, CD players, Ipods, etc.) they are not permitted in the bathroom, multi-purpose room MPR, or any other activity area – regardless of whether or not they are in use. If electronic devices are detected, they will be confiscated and turned-in to the Dean of Students.
- wear jewelry of any kind that cause a distraction or create a safety hazard are not permitted in class

### **DO**

- enter and exit through the hallway leading to MPR and directed to activity area
- follow directions EXACTLY at all times
- secure your belongings from school backpacks
- come ready to participate
- have fun and enjoy the benefits you can receive through activity